



# RADICAL FREEDOM

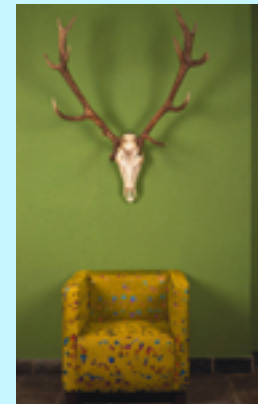
YOGA RETREAT  
WITH TARA JUDELLE  
JUNE 6-10, 2012  
IN BRAND, AUSTRIA

## RADICAL FREEDOM WITH TARA JUDELLE

The promise of yoga is to realize our own ultimately free, full, loving nature through the microcosm of our own embodiment. Let's utilize all the treasures within our human experience on the path to discovering the brilliant and absolute free nature of what we are.

The Radical Freedom Retreat will be held June 6-10 at Walliserhof in Brand, Austria in the beautiful setting of the Austrian Alps. The Walliserhof is a design hotel of the special kind. Nested in the mountains it provides a beautiful space to retreat and relax. Tara will teach two classes each day, taking you deeper into the experience of a liberated self. To aid the process we have included a 100€ spa treatment voucher.

Tara Judelle is a certified Anusara Yoga ® instructor who has taught both nationally and internationally. Her strong background in dance, movement, and personal fitness has produced a deep knowledge of anatomy, kinesiology, and therapeutics which she combines with a lucid presentation of the yogic tradition. Her progressive, empowering, personal and playful teaching style leads Tara's students to step to higher levels- excelling not only in their yoga practice, but in their everyday experience. With an emphasis on celebratory, dynamic postures and awakening the inner kundalini, time with Tara leads to discovering freedom, joy, and limitless strength.



Prices are per person and include 4 nights accommodation, Walliserhof-Verwöhhpension (full board), all Yoga classes and a 100,00 € Spa Treatment voucher:

Single Room (Komfort): 848 €  
Double Room (Komfort PLUS): 861 €  
Early bird until Jan. 31st, 2012:  
Single Room (Komfort): 798 €  
Double Room (Komfort PLUS): 811 €

Indulge and discover infinite freedom with Tara in June.  
More information: [info@shricconnection.com](mailto:info@shricconnection.com)  
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